

 **Patient ID**

AVALANCHE VICTIM RESUSCITATION CHECKLIST

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Time of avalanche ____ : ____
 Face exposure ____ : ____

Burial Time^{a)}
 ≤60 min (≥30°C) **min** >60 min (<30°C)
 If unknown Use core temp^{b)}

BLS Provider

report **Air Pocket** on reverse side

ALS Provider

YES **Vital Signs** NO

FIRST AID

CPR^{c)}

YES **Vital Signs** NO

FIRST AID

YES or unknown

Airway Patent NO

CPR^{c)}

YES **Obvious lethal Trauma or body totally frozen** NO

STOP

YES **ECG Asystole** NO or unknown

ALS

NO **Airway Patent** YES or unknown

STOP

ALS

ALS

<30°C or unknown **Core Temp at extrication** ____ . ____ °C ≥30°C

ALS

ALS

NO **Long transport or multiple casualties** YES

ALS

ALS

Follow standard ALS guidelines STOP or go to appropriate medical facility

≥30°C **Core Temperature at extrication** ____ . ____ °C <30°C or unknown

ALS

ALS

Follow standard ALS guidelines STOP or go to appropriate medical facility

ALS Provider Name:

ECLS FACILITY

≤8mmolL⁻¹ **Serum K⁺** ____ mmolL⁻¹ >8 mmolL⁻¹ d)

ALS

STOP

Air Pocket

- Yes, ___ x ___ x ___ (cm)
 No
 Unknown

Rescue Service:

Base:

Phone:

H

The Checklist is to remain with the patient throughout his/her pre-hospital and in-hospital course until final destination.

Rescue Service

At Medical Facility delivery, make a copy, a scan or a digital photograph of this checklist and keep it with the copy of your rescue mission protocol.

Abbreviations:

Patient ID = Patient Identity

CPR = Cardiopulmonary Resuscitation

ALS = Advanced Life Support

ECLS = Extra Corporeal Life Support (CardioPulmonary Bypass / Extra Corporeal Membrane Oxygenation)

- Time between burial and uncovering the face.
- If duration of burial is unknown, core temperature using an oesophageal probe may substitute in patients in cardiac arrest.
- CPR can be withheld if unacceptable level of risk for the rescuer, total body frozen or obvious lethal trauma (decapitation, truncal transection).
- If K^+ at hospital admission exceeds 8 mmolL^{-1} consider terminating resuscitation (after excluding crush injuries and consideration of the use of depolarizing paralytics).

Patients who present with cardiac instability (ventricular arrhythmias, systolic blood pressure $<90\text{mmHg}$) or core temperature $<30^\circ\text{C}$ should be transported towards hospital with ECLS rewarming possibility.